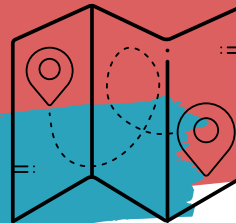


The Landscape of our home



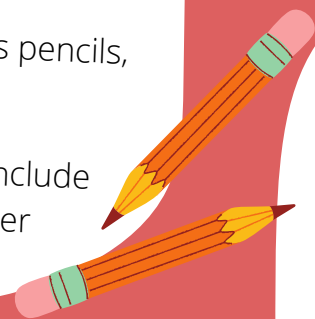
Where we live is unique. Wander around your house and outdoor spaces and document what you find

YOU WILL NEED

Some paper, either one large piece or smaller pieces that you can tape together

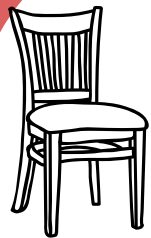
Mark making tools such as pencils, pens, crayons

Additional materials can include glue and coloured paper



1. FIND SOMEWHERE TO SIT

Spend a few minutes in your quiet place. Look around you until your eyes rest on something



Close your eyes and spend a few moments listening to all the sounds you can hear

Take a deep breath in and out through your nose



2. RECORD YOUR OBSERVATIONS

Open your eyes
What can you see?
What can you hear?
What did you smell?



Draw, doodle, mark make and write your responses



Remember, your drawings don't have to look like actual things, they can be as expressive as you like

3. REPEAT IN A NEW PLACE

Find a new spot. Look, listen, sniff and record. Draw your journey from place to place. Feel free to introduce textures and colour and make your map unique to you

4. REPEAT THE NEXT DAY

Continue moving around your home looking, listening, sniffing and recording

What do you think would change if you repeated the activity the next day? Would you hear the same sounds?

How might you record the same journey differently?



Good things to do at home

www.qube-oca.org.uk/goodthings
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